

	Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
<p>Topic studied</p> <p>Year 7</p>	<p>Transition & study skills</p> <p>Enables students to make a smooth transition into secondary school and helps them navigate their way through any difficulties they may encounter.</p>	<p>Mindmate</p> <p>Raises students' awareness and understanding of the social, emotional and mental health and wellbeing of themselves and others. They learn different skills and strategies to manage their SEMH.</p>	<p>Relationships: Friendships</p> <p>This unit helps students develop the skills needed to build healthy relationships.</p>	<p>Relationships: bullying</p> <p>Understanding the effect bullying, prejudice, discrimination and racism have on individuals and to develop strategies for dealing with bullying</p> <p>RSE</p> <p>An opportunity to discuss issues associated with puberty and self-esteem.</p>	<p>RSE</p> <p>Helps students develop the knowledge, understanding and skills needed to manage change and build healthy relationships.</p> <p>My community</p> <p>Explore the desires and needs of young people in a community setting and to take action on a Citizenship issue to bring about change.</p>	<p>World of work</p> <p>An introduction to careers education. It encourages them to identify their skills and abilities and begin to consider how these might be best put to use later in their life when they choose a job/career.</p>
<p>Topic studied</p> <p>Year 8</p>	<p>The real game</p> <p>An opportunity to explore different careers and appreciate the value of the transferable skills they are gaining in their education. It supports them in developing high aspirations.</p>	<p>Keeping safe</p> <p>Students learn about the risks of smoking, alcohol and knife crime so they are aware of the risks and how to help those that need support.</p>	<p>British values</p> <p>Students discuss a variety of values: democracy, rule of law, individual liberty and the tolerance of different faiths and beliefs. These are a key part of the school and our promoting of spiritual, moral, social and cultural understanding.</p>	<p>RSE</p> <p>Students learn what influences behaviour, factors that affect relationships and the skills/qualities needed to manage positive relationships. It gives them the opportunity to discuss issues associated with consent and unhealthy relationships.</p>	<p>Family life</p> <p>An opportunity for students to appreciate the different backgrounds and diversity that exists in our local community.</p>	<p>Identity & diversity</p> <p>Students explore national identity and multiculturalism. They explore similarities and differences between people, learn to deal with challenges and celebrate diversity.</p>

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Year 9	<p>Drugs & county lines</p> <p>Enables students to increase their understanding about the effects and risks of drugs. It equips them with the knowledge and understanding to help protect themselves from the dangers of drugs.</p>	<p>Mental health</p> <p>Provides opportunity for students to understand life changes and a variety of mental health problems that are common in society. It enables students to understand these and different skills and strategies to manage them.</p>	<p>Human rights</p> <p>An opportunity to discuss historical and present day situations where basic human rights are not being met and what role they can play as individuals or as a community.</p>	<p>Health</p> <p>An opportunity to examine the pressures and stress young people experience and how this affects all aspects of health. It equips them with the strategies and tools to help them manage pressures associated with body image, self-esteem and stress.</p>	<p>RSE</p> <p>Students discuss aspects of healthy, intimate relationships. It gives them the opportunity to discuss issues associated with consent, unhealthy relationships, contraception and child sexual exploitation.</p>	<p>Crime</p> <p>Students discuss crime, law and punishments. The impact of gang culture, short and long term consequences of knife crime are explored.</p>