

Nut and Peanut Guidelines

The number of staff and students who have allergies to nut products has increased over recent years.

Nuts and peanuts can cause severe allergic reactions in a wide range of ways (severe allergic reactions result in anaphylaxis and can be fatal). A person with an allergy does not have to eat nuts or peanuts to have a severe reaction; this can be caused by surface contact and airborne particles.

As a school, we have a responsibility to keep our students, staff and visitors safe and to reduce risk of harm. This can be a challenge especially as there has been an increase in snacks containing peanuts. Consequently, to ensure all members of our community are safe the following products are not allowed in school:

- Peanuts and nuts
- Products containing peanuts or nuts e.g., peanut butter or peanut based chocolate snacks such as Snickers and Reeces.
- Nut or peanut based oils

Peanut and nut-based products are no longer served in the cafeteria

What products are allowed?

Items that 'may contain nuts' and/or 'may contain traces of nuts' present a low risk and can be brought into school.